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Psychologischer Psychotherapeut Schwerpunkt Verhaltenstherapie Gutachter Er Prim r- und Ersatzkassen, Beihilfe, Zusatzaus-/fortbildungen: MEG-Hypnose, Systemische Therapie
Modelle und Theorien - Psychotherapie online lernen zur ck l weiter 1 / 1, ABC-Schema (Ellis) A-Activating event B-Belief C-Consequence D-Disputation E-Effect darauf aufbauend die Rational-emotive Therapie (RET)
Motivierende Gespr chsf hrung Wikipedia
Motivierende Gespr chsf hrung (Motivational Interviewing, MI) wird definiert als ein klientenzentrierter, aber direkter Beratungsansatz mit dem Ziel, intrinsische Motivation zur Verhaltens nderung aufzubauen.
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